

# what others are saying

"Jessica's warmth radiates when she speaks, sparking "ah-has," and inviting her audience to personal reflection and intentional action. If you're looking for a speaker to create a catalyst for renewed purpose based on a foundation of love for others and the Word of God, she can help."

Andrea Wenburg CEO Voice of Influence

"Jessica is an amazing person, and her words speak right to my heart. I often accuse her of having a mirror or camera in my house. She knows just how to put words to what my heart is feeling and points me to hope in Jesus. I hope she blesses you as much as she does me."

Pam Ver Mulm, RFK Volunteer Coordinator

"Thank you for sharing your heart. It really resonated with me in a way that can only be a gift from God--to hear the words that tell me, "I'm not alone."

Diane, attendee

## Topics

### PEOPLE PLEASING PITFALLS

Do you wrestle with pleasing others? Does it make you lose sight of who God has made you to be? Jessica talks about the Teflon versus the Velcro heart to guide audiences to overcome the pitfalls of rejection, perfection, and control that chasing after people's approval brings. Give your group the gift of confidence to carry the peace of God into their interaction with others.

### THE H.E.A.R.T. OF REJECTION

Does rejection derail your relationships? Are you weary of the cancel culture? Do you know the pain of betrayal? In this session, Jessica provides five practical steps to take when you experience rejection using David's model of expressing himself from the Psalms. Join with her as she takes your group on a journey that equips you to deal with rejection with grace and courage.

### FINDING HOPE IN SUFFERING

How do we hold onto hope when we experience hardship? Jessica provides biblical insights into the two-sided reality of the Christian life, our perception about hardship, and its purpose. She gives five practical tips on how to have hope, retain hope, and grow hope while suffering. Equip your group to walk with confident hope.

### UNIQUE TO YOU

Jessica is able to personalize content for your next event, retreat, or special event.

## contact

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# Jessica Van Roekel

speaker | writer | worship leader

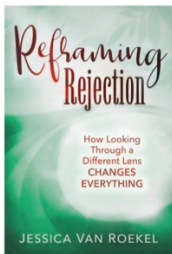
INFUSING LIFE WITH GOD'S GRACE AND TRUTH



Your next event can be

*inspiring & impactful*

Jessica is a worship leader, speaker, and writer who believes that through Jesus, personal histories don't need to define the present or determine the future. She knows it's possible to break cycles and wants to see others live a Jesus-filled, abundant life.



She is the author of "Reframing Rejection: How Looking Through a Different Lens Changes Everything" and numerous inspirational articles and devotions. She inspires, encourages, and equips others to look at life through the lenses of hope, trust, and God's transforming grace.

A daily reminder of God's expansive love, the wide open spaces of rural Iowa, are home to where Jessica and her husband of 25 years raised their family of four children. She loves connecting with others, rich coffee, and whimsical earrings. Find her on social media and [welcomegrace.com](http://welcomegrace.com).



*as seen in*

